

Planning for aged care



Need to plan a move to residential aged care?

This can be a stressful time, but early planning and good advice can minimise the stress for you and your family. You will be faced with many personal and financial decisions. This flyer steps out seven steps to help you to navigate through the aged care maze and where to get help.



Your seven steps for aged care

1. Planning
2. Assessing options
3. Searching for services
4. Understanding costs
5. Covering the costs
6. Estate planning
7. Moving



1. Planning

Reduce the stress by planning ahead.

Start with a family meeting to make shared decisions. Use this meeting to:

- Discuss options and preferences
- Explore each person's concerns
- Decide who needs to be involved in any planning.

Frank and open discussion is the first step to an effective decision-making process.

Where to find help

Ask your adviser to facilitate your family meeting.

He/she can provide advice as well as act as a conduit to achieve agreement.

2. Assessing options

Aged care help can be accessed in your home or in a residential service.

To help you decide which option is best, arrange a free assessment by an Aged Care Assessment Team/Service (ACAT/ACAS). You will need to have ACAT/ACAS approval before you can access government subsidised services.

Where to find help

Book an appointment directly with ACAT/ACAS on 1800 200 422 or speak to your family doctor.

Further information is available at www.myagedcare.gov.au

3. Searching for services

If residential care is required think about what criteria is important in deciding where to live. Make a list. This should include location, amenities and your health care needs.

This list will help you to develop a shortlist of potential services which you might like to contact or visit. But first check what fees will be asked for accommodation to ensure it is affordable for you.

If all your boxes are ticked you can fill in an application form to add your name to the waiting list. You can put your name on the waiting list for more than one service to increase your chances of finding a place.

Where to find help

Listings: search by postcode for the list of aged care services in your preferred location and check accommodation fees on www.myagedcare.gov.au

Placement services: search the internet for 'aged care placement services' for advice and help to choose a service and negotiate a place

Application form: discuss the application process with your facility. You may be asked to fill in an application form.

4. Understanding costs

Understanding costs

What you will pay for residential care is divided into contributions towards accommodation, care and additional services.

How much you have to pay may depend on:

- The service you choose
- Your assessable assets
- Your assessable income.

The total payable can be hard to calculate without good advice.

Accommodation payments

You need to pay for your accommodation. This is a contribution towards the cost of your room, use of the amenities and maintenance. You can choose to pay a lump sum or a daily payment or a combination.

- **Refundable accommodation deposits (RADS)** are paid as a lump sum. Just like buying a house, the amount you pay may depend on the location and quality of the accommodation. The amount you pay is fully refunded when you leave, unless you ask for other fees to be deducted from the RAD or you have outstanding fees when you leave. Repayment is guaranteed by the Federal Government if paid to an approved care service. Ask to see their certificate.
- **Daily accommodation payments (DAPs)** are like paying “rent” or interest on any unpaid RAD

Daily care fees

You will be asked to contribute towards the cost of your care through:

- Basic daily fee at a rate of 85% of the basic single age pension
- Means-tested fee is payable if you have income and assets over specified thresholds. This amount is limited by an annual cap and a lifetime cap.

Additional service fees

This is payable for extra services if selected and may be offered as a package or on a user pays basis.

Where to find help

Your adviser can explain the fees and calculate an estimate of what you may be asked to pay.

If you have low levels of assets and income you may wish to complete an income and assets form (Form SA457) before you accept a place to see if you qualify for concessions on the accommodation payments. But get advice before you complete this form to avoid any unintended consequences.



5. Covering costs

Before making a move, a complete review of your financial situation is ideal to ensure you can create sufficient cashflow and maximise your estate.

Many decisions may need to be made including:

- Should the family home be kept, sold or rented?
- Is it best to pay a RAD or DAP for accommodation?
- How is your Centrelink/Veterans' Affairs pension affected and can this be improved?
- What are the best investment options for any surplus money?
- How to manage any taxation implications?
- What are the implications for your estate?

Where to find help

Your adviser can review your full financial situation and develop an appropriate strategy to help you make these decisions.

This will include advice on how to structure assets to pay for accommodation as well as create sufficient cashflow.

Your adviser may also recommend strategies to minimise fees or maximise Centrelink or Veterans' Affairs benefits.

For the best outcome involve your adviser early.

6. Estate planning

Anytime your circumstances change it is important to consider the impact this has on your estate plans. This includes when you move into aged care.

The will

Review your will and if needed, update it to reflect any changes.

Investments

Review investments with 'death benefit' nominations.

Powers

Make sure you have the appropriate powers in place so that someone you trust can make decisions on your behalf.

An Enduring Power of Attorney covers financial decisions even when you are no longer able to make these decisions yourself.

Similarly, an Enduring Guardianship covers decisions on your care and living arrangements.

These documents can only be put in place while you are deemed of sound mind so it's wise to establish them early.

Where to find help

Your adviser can identify the consequences of any financial restructures and highlight issues that affect your will and specific investments.

Your solicitor can review and redraft the will to reflect your wishes and establish documents to grant the desired powers.



7. Moving

When you accept a place in an aged care service you will be asked to sign a Resident Agreement. This will detail the services provided and fees payable. It will also outline your rights and obligations.

Fees may commence once the place is accepted but you have 28 days to decide whether to pay for your accommodation as a lump sum (RAD) or a daily fee (DAP). After this you still have time to rearrange assets to make the payments.

If you receive Centrelink or Veterans' Affairs payments, you must notify the change in living arrangements as well as any changes to your income and assets.

Don't forget to let your doctor, bank, Medicare, electoral roll and other relevant organisations know your new address details.

Where to find help

Keep in touch with your adviser. He or she can review your financial situation to ensure that opportunities continue to be maximised.

IMPORTANT INFORMATION: The information contained in this publication is based on the understanding Northern Beaches Aged Care Advice Pty Ltd (Corporate Authorised Representative of LFG Financial Services Ltd ABN 28 101 927 413, AFSL 227096) has of the relevant Australian legislation as at December 2019. This information contains general information and may constitute general advice. Any advice in this communication has been prepared without taking account of individual objectives, financial situation or needs. It should not be relied upon as a substitute for financial or other specialist advice. Before making any decisions on the basis of this communication, you should consider the appropriateness of its content having regard to your particular investment objectives, financial situation or individual needs. We recommend that you see a registered tax agent or legal adviser prior to implementing any recommendations that you may make based on the information contained in this publication.

Northern Beaches Aged Care Advice Pty Ltd

ABN 65 637 335 678

Suite 3, Building 6
49 Frenchs Forest Road East
FRENCHS FOREST NSW 2086

P 1300 928 204

E info@nbaca.com.au

W www.northernbeachesagedcareadvice.com.au